

# Klaus Ferdinand Hempfling – Immediate Connecting with Horses

(transcript of Parts 1 and 2 of the YouTube videos with the same title – the English has been corrected in parts)

## Part 1

Horses are animals which connect from one second to another. You can't say, 'Now I'm together with my horse for five years and then the horse will connect', because very often we realise that this is not the case. The idea is to connect now.

I think it is very important from the beginning to realise what is the effect of what I'm doing. If the focus is on this, then you are, I think, able to connect very quickly the different approaches, the different steps to the result, and this means that you are training yourself to look to reality.

The first step is always to recognise the horse, so what kind of horse I have in front of me. Without this information I can't do anything. So the idea is, okay, I have a goal but I have to forget it immediately and I have to concentrate immediately on a very small step now.

And then I'm starting with very simple things and these things are in my perception very clearly split from one to another. So I'm starting for example to stay somewhere in a corner, realising I need the distance, realising I don't want the horse to come, being tremendously decided. And then I get an input immediately, so the horse will start to change *now*.

## Part 2

To get this kind of positive response from the horse immediately means that I have to have a kind of unspoken contract with the horse. And this means, for example, that I will do everything not anyhow to hurt you, and I promise you to be on the maximum of peace in whatever I am going to do. I'm promising you that I'm going to take care that I will not be doing anything, not a simple step which is not in accordance with your proper individual growing.

I'm the one who has to lead. There is no doubt about it. I have to lead in accordance with the needs and with the nature of the horse: give him safety, give him everything he needs to feel at home.

From the beginning, from the first moment it's very important for me to change the picture of the horse. What does this mean? It means I don't have the horse in front of me. I do have a being which is covered from all the experiences the horse has had before. So I have to go through this first to find the horse, to meet the horse. And if people think I'm going to change the horse, this is not my experience. This is not my perception of what I'm doing.

I'm not changing the horse., I'm just trying to break through this shell of the nut to get the fruit inside. And this is something which has to be done very quickly, extremely quickly, for a very simple reason. If I'm starting to give the horse in the beginning a chance to behave like the horse has been behaving before, like being aggressive, like being unnecessarily scared, not feeling at home etc., then the horse will immediately connect the shell of the nut with me and he will add me to all of the experiences he had before with other people.

This is what I'm calling the 'healing beat'. It has to be done very, very, very quickly. I'm doing it by presenting myself immediately in a very clear and decided way. I'm decided to do whatever is in my power to help the horse, to bring the horse back to itself and to make the horse happy, simply, to make the horse happy.

If you achieve this, if you recognise the horse and you have the chance to connect immediately, then something very important, very nice is occurring, because it is absolutely not important that the horse will gallop, that the horse will carry you, that the horse will one day do a shoulder-in or whatever kind of nice dressage figure, such as a piaffe or whatever is there, because you are realising there is no difference in perception. There is simply no difference in happiness. You are on top of the mountain.

From now on you can go from one top to another top to another top but it will not become better. The horse will not become happier. It's there from the first moment.